What is Claimed is:

1. A gas cylinder comprising:

an aluminum shell having an outer side and an inner side defining a storage space;

a composite wrap disposed about said aluminum shell; and a plastic coating disposed on said inner side.

- 2. The gas cylinder of Claim 1, wherein said plastic coating is heat bonded to said inner side.
- 3. The gas cylinder of Claim 2, wherein said plastic coating is a polyethylene copolymer.
- 4. The gas cylinder of Claim 3, wherein said storage space is between about 0.5 and 500 liters.
- 5. The gas cylinder of Claim 4, wherein said composite wrap is carbon or aramid and fiberglass.
- 6. The gas cylinder of Claim 1, wherein said storage space is between about 0.5 and 500 liters.
- 7. The gas cylinder of Claim 1, wherein said composite wrap is carbon or aramid and fiberglass.
 - 8. A cylinder assembly comprising:

a valve assembly structured to sealingly engage a cylinder; and a cylinder comprising:

an aluminum shell having an outer side and an inner side defining a storage space;

a composite wrap disposed about said aluminum shell; and a plastic coating disposed on said inner side.

- 9. The cylinder assembly of Claim 8, wherein said plastic coating is heat bonded to said inner side.
- 10. The cylinder assembly of Claim 9, wherein said plastic coating is a polyethylene copolymer.
- 11. The cylinder assembly of Claim 10, wherein said storage space is between about 0.5 and 500 liters.
- 12. The cylinder assembly of Claim 11, wherein said composite wrap is carbon or aramid and fiberglass.
- 13. The cylinder assembly of Claim 12, wherein said cylinder is structured to contain a gas at a pressure between about 500 to 10,000 psi.
- 14. The cylinder assembly of Claim 8, wherein said storage space is between about 0.5 and 500 liters.
- 15. The cylinder assembly of Claim 8, wherein said composite wrap is carbon or aramid and fiberglass.
- 16. The cylinder assembly of Claim 8, wherein said cylinder is structured to contain a gas at a pressure between about 500 to 10,000 psi.